



# Learning from home

This booklet has been designed to support you and your child as they learn at home.



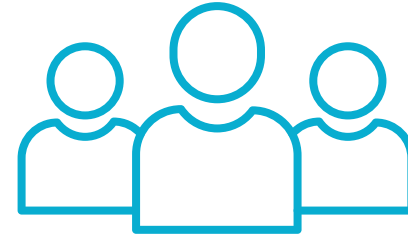
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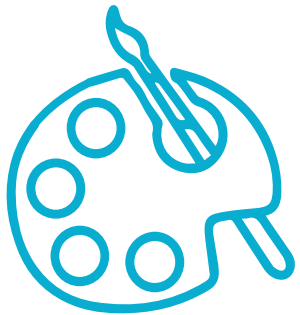
# Try to make learning a fun activity



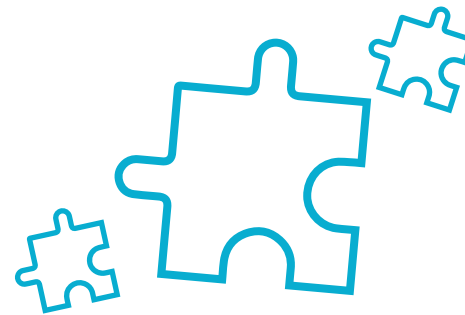
Focus on hands-on activities that appeal to your child's interests.



Let your child take the lead - they will usually have a preferred learning style.



Make things colourful.



Create learning games.



# Outside time is important



Every day, no matter the weather, getting outside is good for everyone's health!

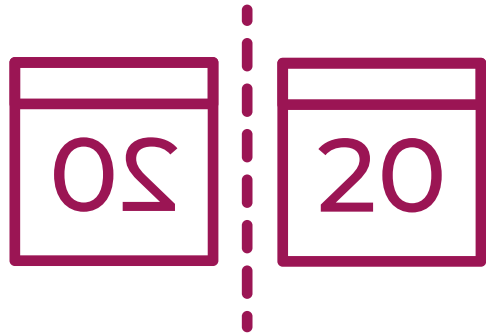


Try to limit your child's screen time – use sparingly and only after they have completed a task.

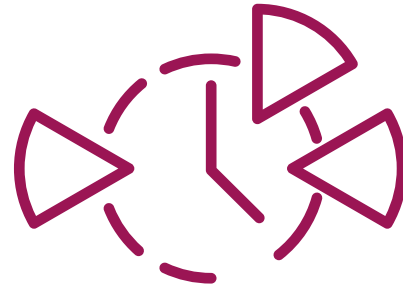


Top tips to help your child continue their learning at home

# Set up a daily routine



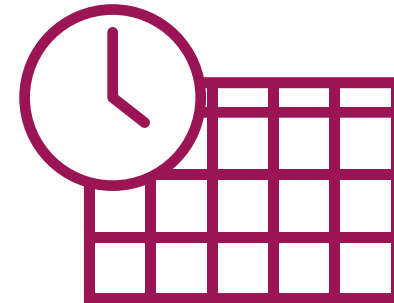
Try to mirror your child's school day as much as you can.



Break the day up into lessons, play time and quiet time.



Give your child jobs and tasks – they will usually have personal responsibilities at school.






Have set times for different topics and subjects.



# Planning your day

The below is an example that you might choose to follow:

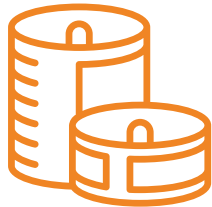
<b>Morning</b>	Wake up before 9am. Spend an hour or so on academic learning, such as maths and literacy, and the rest of the time on creative subjects.	
<b>Lunchtime</b>	Encourage your child to play outside or just get some fresh air.	
<b>Afternoon</b>	Have some quiet time, whether that is spent reading, drawing or completing a puzzle. Spend a couple of hours focusing on academic studies.	



# EYFS (Early Years Foundation Stage) and KS1



Bake a cake with an adult, use instructional language (first, next, last), have a go at measuring ingredients.



Go on a 3D shape hunt – what shapes can you find in the home? E.g. A tin of beans is a cylinder.



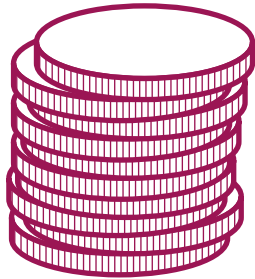
Find five toys and put them in height order (use comparative language, taller than, shorter than).



Go on a number hunt – how many numbers can you find? Compare and order the numbers.



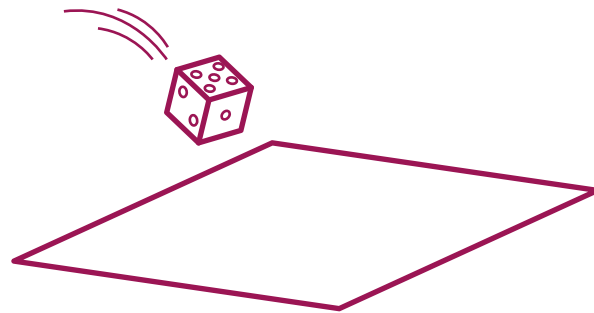
# Lower KS2 (Years 3 and 4)



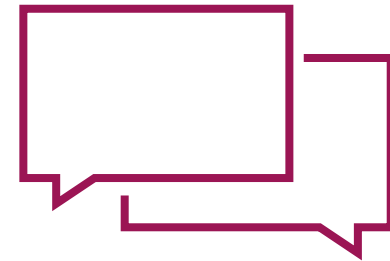
Find 10 coins in the house – what is the total? Make calculations using these coins.



How many times tables can you answer in 30 seconds?



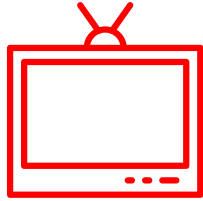
Design your own boardgame – discuss the layout, features and write instructions.



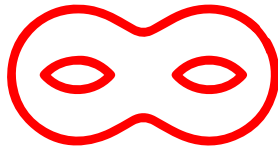
Interview an adult. Ask them about their life and write a biography.



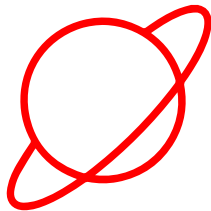
# Upper KS2 (Years 5 and 6)



Write instructions teaching your friend how to play your favourite video game.



Design a superhero and create a comic strip showing the adventures.



Create a model of the solar system – which planet is the smallest/largest?



Write the birthdays of your family members in Roman numerals.





# Useful Links and Websites

The following websites have been recommended by respected educators on social media. They provide printable resources and activities:

News for children – used to inspire and engage real-life learning.

**[picture-news.co.uk/packs/england.html](http://picture-news.co.uk/packs/england.html)**

Even when schools are closed, keep up with cross-curricular activities that can be completed individually or with a parent/family member.

**[classroommagazines.scholastic.com/support/learnathome.html](http://classroommagazines.scholastic.com/support/learnathome.html)**

Free learning packs covering a large proportion of the current curriculum.

**[classroomsecrets.co.uk/free-home-learning-packs/](http://classroomsecrets.co.uk/free-home-learning-packs/)**

Thousands of creative resources and home learning packs for each key stage.

**[tpet.co.uk/](http://tpet.co.uk/)**

Free downloadable activity books.

**[tts-group.co.uk/home+learning+activities.html?utm\\_source=facebook&utm\\_medium=wallpost&utm\\_campaign=TTSparentpackpost&utm\\_content=nowlive](http://tts-group.co.uk/home+learning+activities.html?utm_source=facebook&utm_medium=wallpost&utm_campaign=TTSparentpackpost&utm_content=nowlive)** –

Educational activities and worksheets that cover the whole primary curriculum (no printer needed).

**[twinkl.co.uk/resources/parents](http://twinkl.co.uk/resources/parents)**



## Useful Links and Websites

The following sites are fun and educational, they give you an opportunity to be involved with your child's literacy and numeracy learning.

Websites for literacy:

**[bbc.co.uk/schools](http://bbc.co.uk/schools)** –

for a range of activities on word, sentence and text level work.

**[icanread.com](http://icanread.com)** –

for tips on helping children with their reading.

**[teachyourmonstertoread.com](http://teachyourmonstertoread.com)**

Websites for mathematics:

**[oxfordowl.co.uk/maths/](http://oxfordowl.co.uk/maths/)**

**[ictgames.co.uk](http://ictgames.co.uk)**

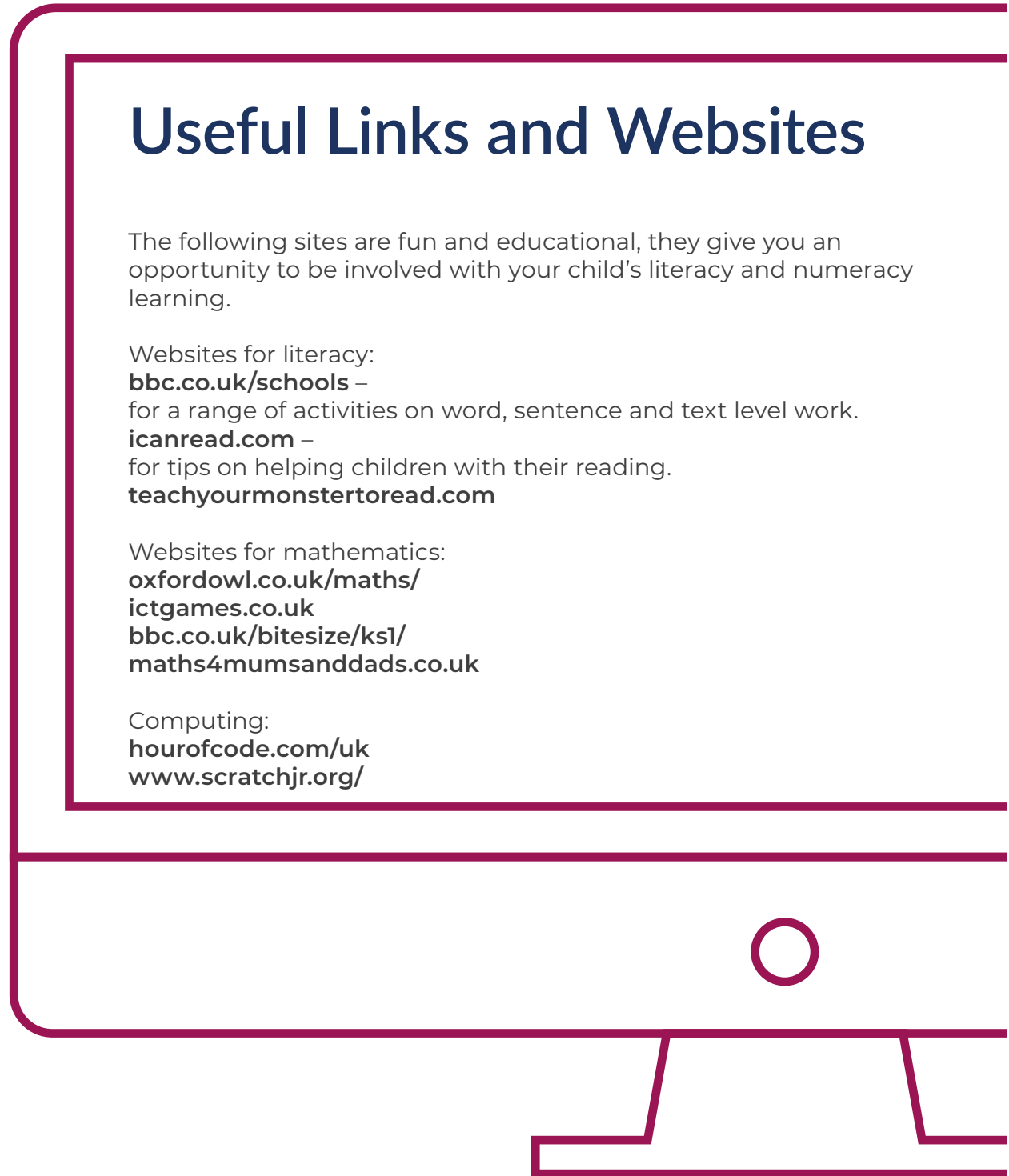
**[bbc.co.uk/bitesize/ks1/](http://bbc.co.uk/bitesize/ks1/)**

**[maths4mumsanddads.co.uk](http://maths4mumsanddads.co.uk)**

Computing:

**[hourofcode.com/uk](http://hourofcode.com/uk)**

**[www.scratchjr.org/](http://www.scratchjr.org/)**





# Keeping safe online

When learning from home, your child might be using the internet more than usual. The following websites provide an insight into age ratings of apps and games and also advice on limiting the time spent online.

## **CEOP -**

<https://www.ceop.police.uk/safety-centre/>

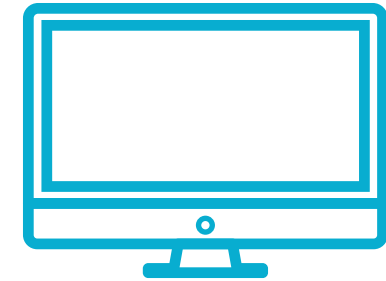
## **The Children's Commissioner 'Digital 5 a Day' -**

<https://www.childrenscommissioner.gov.uk/our-work/digital/5-a-day/>

## **Net Aware NSPCC -**

<https://www.net-aware.org.uk/>

**NSPCC Online Safety Helpline –**  
0808 800 5002



# Health and Wellbeing

To help support you and your child, Headspace are offering free meditations for sleep and movement exercises to help support a positive mood.

<https://www.headspace.com/covid-19>





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